



# **Worship at Home**

## **Night Prayer**



During these days many initiatives have emerged to help us maintain fellowship and prayer whilst we are apart yet held together in faith.

The Church of England has crafted two simple acts of worship which are for all of us, and particularly helpful for those who are isolated and housebound.

This resource produced by RNWK Group with inspiration from the Church of England resources will enable us to join together in prayer and worship during these days.

This resource contains Night Prayer

Our websites are also a resource for you and are being updated with on-line material and prayer and worship resources.



# Night Prayer

*You may wish to light a candle and have some reflective music playing in the background.*

The eternal God is your refuge,  
and underneath are the everlasting arms.

*Deuteronomy 33:27*



## Opening Sentences

The Lord Almighty grant us a quiet night  
and a perfect end. Amen

Our help is in the name of the Lord  
Who made heaven and earth

*Pause and reflect on the day*

Save us , O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.

# **Bible Readings**

## **Sunday** – Jeremiah 14:9

Why should you be like someone confused, like a warrior who cannot give help? Yet you, O LORD, are in the midst of us, and we are called by your name; do not forsake us!

## **Monday** – Isaiah 30:15

For thus said the Lord GOD, the Holy One of Israel: In turning and rest you shall be saved; in quietness and in trust shall be your strength. But you refused.

## **Tuesday** – Matthew 11:28-end

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

## **Wednesday** – 1 Peter 5:6,7

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.

## **Thursday** – Philippians 4:6,7

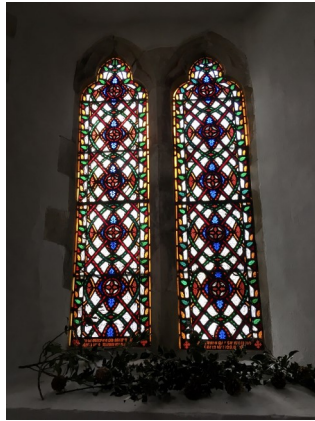
Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

**Friday** – 1 Thessalonians 5:9,10

For God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him.

**Saturday** – John 8:12

Again Jesus spoke to them, saying, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'



**Psalm 91**

You who live in the shelter of the Most High,  
who abide in the shadow of the Almighty,  
will say to the Lord,  
'My refuge and my fortress; my God, in whom I trust.'  
For he will deliver you from the snare of the fowler  
and from the deadly pestilence;  
he will cover you with his pinions,  
and under his wings you will find refuge;  
his faithfulness is a shield and buckler.  
You will not fear the terror of the night,  
or the arrow that flies by day,  
or the pestilence that stalks in darkness,  
or the destruction that wastes at noonday.

A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.  
You will only look with your eyes  
and see the punishment of the wicked.

Because you have made the Lord your refuge,  
the Most High your dwelling-place,  
no evil shall befall you,  
no scourge come near your tent.

For he will command his angels concerning you  
to guard you in all your ways.  
On their hands they will bear you up,  
so that you will not dash your foot against a stone.  
You will tread on the lion and the adder,  
the young lion and the serpent you  
will trample under foot.

Those who love me, I will deliver;  
I will protect those who know my name.  
When they call to me, I will answer them;  
I will be with them in trouble,  
I will rescue them and honour them.  
With long life I will satisfy them,  
and show them my salvation.



## **Closing Prayers**

Merciful God,  
We entrust to your unfailing  
and tender care this night  
Those who are ill or in pain  
Knowing that whenever danger threatens  
Your everlasting arms are there to hold us safe.

Comfort and heal them,  
And restore them to health and strength;  
Through Jesus Christ our Lord. Amen

Be present , O merciful God,  
And protect us through the silent hours of the night,  
So that we who are wearied  
By the changes and chances of this fleeting world,  
May rest upon your eternal changelessness;  
Through Jesus Christ our Lord, Amen

Visit this place O Lord we pray  
And drive far from it the snares of the enemy;  
May your holy angels dwell with us in peace,  
And may your blessing be always upon us:  
Through Jesus Christ our Lord Amen.

# The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.



## Conclusion

In peace we will lie down and sleep;  
For you alone Lord make us dwell in safety.  
The Lord bless us and watch over us;  
The Lord make his face to shine upon us  
and be gracious to us;  
The Lord look kindly upon us and give us peace.  
Amen

Materials in this booklet are drawn from Common Worship: Services and Prayers for the Church of England, Common Worship: Pastoral Services, and Common Worship: Daily Prayer, all of which are copyright © The Archbishops' Council of the Church of England.