



# **Worship at Home**

## **Morning Prayer**



During these days many initiatives have emerged to help us maintain fellowship and prayer whilst we are apart yet held together in faith.

The Church of England has crafted two simple acts of worship which are for all of us, and particularly helpful for those who are isolated and housebound.

This resource produced by RNWK Group with inspiration from the Church of England resources will enable us to join together in prayer and worship during these days.

This resource contains Morning Prayer

Our websites are also a resource for you and are being updated with on-line material and prayer and worship resources.



# Morning Prayer

*You may wish to light a candle and have some reflective music playing in the background.*

‘The Lord is good, a strong refuge when trouble comes. God is close to those who trust him.’

*Nahum, 1:7*

## Opening Sentences

O Lord open our lips  
And our mouth shall proclaim your praise.

The night has passed and the day lies open before us.

*Pause for reflection and offer the day to God*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen



## **Bible Gospel Reading**

*We shall follow the daily lectionary readings which are found on Parish Notes/Notices and on our websites.*

**Psalm 23** The LORD is my shepherd, I shall not want.  
He makes me lie down in green pastures;  
he leads me beside still waters;  
he restores my soul.  
He leads me in right paths  
for his name's sake.

Even though I walk through the darkest valley,  
I fear no evil;  
for you are with me;  
your rod and your staff—  
they comfort me.

You prepare a table before me  
in the presence of my enemies;  
you anoint my head with oil;  
my cup overflows.  
Surely goodness and mercy shall follow me  
all the days of my life,  
and I shall dwell in the house of the LORD  
my whole life long.

*Other Psalms that you might like to include here are Psalm 16,  
Psalm 46 and Psalm 139...*

## Questions for reflection?

What words or thoughts has your reading inspired in you?

Are there any fears or anxieties to bring to God?

Are there any prayers of thanksgiving to offer to God at the beginning of this new day?



## **Intercessions for each day:**

Let us pray:



**Sunday:** For our communities, for each of our RNWK Group churches, our friends and families

**Monday:** For the Government and World Leaders  
For wisdom, integrity and patient leadership

**Tuesday:** For our NHS workers and health workers and scientists working in hospitals, health centres and care homes.

**Wednesday:** For all our children and young people. For a time of learning creatively and a strengthening of family relationships. For all our local schools, for the staff and headteachers and those who are looking after the children of key workers.

**Thursday:** For the Diocese of Rochester, Bishops James and Simon and Archdeacon Andy and those who also provide spiritual leadership amongst us.

**Friday:** For our local Parish Councils and District Councils for our ability to work together for the good of our communities.

**Saturday:** For ourselves and our families and friends.

## **Closing Prayers**

Almighty and everlasting God,  
We thank you that you have brought us safely  
to the beginning of a new day.  
Keep us from falling into sin  
Or running into danger;  
Order us in all our doings  
And guide us to do always  
What is righteous in your sight;  
Through Jesus Christ our Lord.  
Amen

Keep us good Lord,  
Under the shadow of your mercy  
In this time of uncertainty and distress.  
Sustain and support the anxious and fearful,  
And lift up all who are brought low;  
That we may rejoice in your comfort  
Knowing that nothing can separate us  
from your love in Christ Jesus our Lord.  
Amen

## **The Lord's Prayer**

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.

## **Conclusion**

The Lord bless us, and preserve us from all evil,  
And keep us in eternal life.  
Amen

Let us bless the Lord.  
Thanks be to God



Materials in this booklet are drawn from Common Worship: Services and Prayers for the Church of England, Common Worship: Pastoral Services, and Common Worship: Daily Prayer, all of which are copyright © The Archbishops' Council of the Church of England.